

**The Integration: the best model for health care. Returning to Holism.  
Victoria, BC, Canada, May 25 - 27 2007**

**An Abstract:**

**THE SOUL MIND BODY CONCEPT OF HOLISTIC HEALING.**

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In recent decades, there has been an upsurge of new concepts of treatment. Words like “integrative,” “complementary,” “alternative” and “holistic” now permeate not only the health care field, but also everyday discussion. Various forms of mind-body medicine have become more and more popular, to the point of being widely accepted. These modalities emphasize the mind-body connection, which encompasses the effect of our psychological and emotional states on our physical well-being and the power of conscious intent, relaxation, belief, expectation and emotions to affect the health.

Authors of this paper discuss the Soul Mind Body Medicine as an adjunct healing modality to conventional standard medical treatment.

*Mind over matter* is powerful, but it is not enough. *Soul over matter* is the ultimate power. The healing power of the mind and soul can be used in conjunction with any and all other treatment modalities.

Dr. Hudoba and Dr. Sha present techniques utilizing mind and soul power with special body postures that are very simple, powerful and effective. Positive results can be achieved relatively quickly. These simple healing practices can be easily taught to patients to support and enhance their healing process.

Authors support their presentation with examples of their clinical research using the power of mind and soul in the healing of cancer and in development of human being.

Theme: Model of Comprehensive Healing

Level: Advanced

Preferred format: Oral Presentation 45 minutes

**A SUMMARY:**

Dr. Hudoba and Dr. Sha are proposing Soul Mind Body model of medicine, which combines conventional medical treatment with the power of Soul and Mind. The Soul and Mind have the power to heal and can be used in conjunction with any and all other treatment modalities. Authors present techniques utilizing soul and mind power that are very simple, powerful and effective and the results can be achieved quickly. These simple healing practices can be taught to clients to support and enhance their healing process.

**Biographies:**

Zhi Gang Sha is a spiritual teacher and healer. A M.D. (China) and doctor of traditional Chinese medicine (China, Canada), Dr. Sha authored the international bestseller *Power Healing*. Dr. Sha was named Qi Gong Master of the Year in 2002, he has been featured on PBS as one of the most powerful healers of our time. His new book, *Soul Mind Body Medicine*, was published in May 2006 and has become a New York Times bestseller.

Peter Hudoba MD, FRCS is an ordained minister and a lifelong spiritual practitioner. A former Associate Professor of Neurosurgery, Hudoba is now in private practice in spine management. He has devoted thirty years to research activity in neurosurgery, neurology and, currently, the applications of spirituality in medicine. He teaches Soul Mind Body Medicine at Britannia Community Center, Vancouver, BC, Canada and is Chairman of the Board of Sha Research Foundation, California.