Does Spiritual Healing have a place in Modern Age?
Prospective Case Analysis Study.

Peter Hudoba, MD, FRCS, Hudoba P., MD, FRCS, Dr. M. E. Krasuska, Dr. R. Xiu, Dr. C. Bailey, Dr. M. Green, A. Chuck,
Sha Research Foundation, San Francisco, California, USA

Abstract

Over recent years, researchers are increasingly turning their attention to alternative healing methods like prayer, meditation, yoga, Qi Gong, Reiki and similar. From our point of view, there have been much wider effect on human beings than alleviation of symptoms of illness. We feel that in order to advance the field, it is necessary to use standard medical research instruments not only the changes in symptoms, but changes documented by medical professionals also.

A Progressive Follow up study was designed to investigate the role and efficacy of Spiritual Healing as a plausible complementary treatment of various illnesses.

55 spiritual practitioners were followed for 2 years, 46 remained by 3 years. All received a spiritual healing from a spiritual healer and did self-healing meditation daily. Most continued conventional medical treatment.

Retrospective analysis of data shows that most of the subjects exhibited improvement in general wellbeing, an increase in optimism and energy level, as well as improvement of their symptoms.

21 subjects (45.6%) reported marked improvement or complete recovery, 16 (34.8%) moderate improvement, 3 (6.5%) minimal improvement, 2 (4.3%) unchanged, 4 died (3.6%) (Terminal cancers, stroke). Detailed analysis will be discussed during the presentation.

The study treatment was well tolerated and no complications arose. The results of this study confirmed efficacy of combining spiritual and energy healing with conventional medical treatment.

The Sha Research Foundation (San Francisco, CA, USA) is the sponsor of the study, which involved subjects from USA and Canada. The Study is IRB approved, Protocol No.: 20130909_V6.9

The Forgiveness Meditation
Body Posture: sitting, place hands on heart chakra
Mind Power: visualization of light within heart chakra
Sound Power: chanting Mantra (channels the light)
Invocation:
- request the forgiveness for all sins against the Heaven
- request the forgiveness for all sins causing the illness
- offer the forgiveness to all those who offended us

Spiritual Interventions
- Cleansing of karma
- Blessings to introduce the light to ill area
- Removal of blockages to flow of energy
- Transmission of Healing Power to subjects for self healing

Description of Subjects
46 Subjects
F = 34; M= 12
Age = 25 – 96 (8 below 40, 38 above 40)

Description of Illnesses
13 Malignancies
9 Musculoskeletal
7 Psychiatric
6 Neurological
4 Metabolic Endocrine and Immune
3 Gynecological
2 Respiratory
1 Infectious
1 Cardiovascular

Results
21 subjects (45.6%) reported marked improvement or complete recovery
16 (34.8%) moderate improvement
3 (6.5%) minimal improvement
2 (4.3%) unchanged
4 died (3.6%) (Terminal cancers, stroke)

Contact
Research Web site: www.sharesearchfoundation.org
Email: Peter.Hudoba@drsha.com
Tel: 1-604-436-3313

The Purification Meditation
Body Posture: sitting, place hands on ill area
Mind Power: visualization of light within ill area
Sound Power: chanting Mantra (channels the light)
Invocation:
- request the Light and Love for healing
- give order to soul of ill organ to heal the organ